

I'm Doing Well Trekking 3 Miles on a Treadmill

ANCHORAGE, Alaska (AP) — After two weeks of trekking through a moving obstacle course of shifting, treacherous plates of pack ice, adventurers Karl Bushby and Dimitri Kieffer have crossed the **Bering Strait** between Alaska and Russia.

The pair stepped ashore in Siberia on Friday, said Karl's father, Keith Bushby, from his home in Hereford, England.

"All of us knew the chances of them getting across were slim," he said. "We were obviously elated when they arrived."

Karl Bushby and Kieffer are in an elite club of a few adventurers to make the trek across the 58-mile stretch of largely frozen ice pack.

Leaving sometime in mid-March from Wales, a village of about 150 people on the tip of the Seward Peninsula, they battled minus-20-degree temperatures, fast-moving ice and arduous climbs over fields of crumpled ridges the size of refrigerators, Keith Bushby said.

"The ice was splitting up behind them," he said.

Leads opened quickly, and pack ice moved rapidly with the currents — at times 5 knots an hour. While sleeping in their tent one night, the two adventurers were swept in a crazy loop miles off course.

Karl Bushby is 18,000 miles into a planned 36,000-mile walk around the world that he began seven years ago in Chile. The 36-year-old former paratrooper plans to continue his hike across Siberia, Asia and Europe. He hopes to return home by 2010 — after crossing four continents, half a dozen deserts, mountain ranges and now, a frozen sea.

"I'm just extremely relieved for him it's over," Keith Bushby said.

"But it's not really over, it's just the start of another adventure."

Thanks to Out There reader Steve R.